

Cameroon Instructor Development Days (CIDD)



Draft 2-day programme

Day 1

Themes: adult learning theory, skills decay prevention, feeding back and non-technical skills, simulation training

Time	Topic	Type / Leader (or Speaker)
0800 - 0830	Registration, devotions and breakfast	Grace Ndze
08.30 - 0900	Introductions and ice breaker	Grace Ndze, Julia Thomson
09.00 - 09.45	How did we learn in school? How do adults learn?	Guided group discussion / Alistair Morris
09.45 – 10.15	Skills Decay and Learning Curves	Interactive lecture / Jarlath O'Donohoe
10.15 – 10.30	COFFEE BREAK	
10.30 – 11.30	2 groups: A. How to prevent skills decay in our setting – worked example and solution B. Neonatal resuscitation workshop	30 minute group workshops, all faculty
11.30 – 12.00	The learning conversation	Interactive lecture / Julia Thomson
12.00 – 12.30	2 groups: practising feeding back on neonatal resuscitation skill	All faculty
12.30 – 13.15	LUNCH with handwashing demo	
13.15-15.15	Simulation and scenario training practice (candidates move around 4 stations)	Workshops / All
15.15- 15.45	Feedback on the challenges of simulation training and solutions	Guided group discussion / Julia Thomson
15.45 – 16.00	TEA BREAK	
16.00 – 16.30	Cascading Training in difficult circumstances	Guided group discussion / Jarlath O'Donohoe and Grace Ndze
16.30 – 17.00	Maintaining instructor status – Virtual Learning Environment (VLE), practice, appraisal and feedback	Interactive lecture / Jo Bruce-Jones
18.00 -	Course dinner and networking	All

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Day 2

Themes: EBM, lecture and skills teaching, the future in Cameroon

Time	Topic	Type / Leader (or Speaker)
08.00 – 08.30	Registration and breakfast	Grace Ndze
08.30 – 09.15	Keeping up to date as a practitioner: introduction to Evidence Based Medicine, Midwifery and Nursing	Lecture + Discussion of pre-distributed papers / Jarlath O’Donohoe
09.15 – 10.15	4 groups appraising 4 papers	Workshop / Alistair Morris / all faculty
10.15 – 10.30	COFFEE BREAK	
10.30 – 11.10	4 groups presenting their critical appraisal of their paper to the whole group (10 minutes each)	Workshop / Alistair Morris
11.10 – 12.00	The perfect lecture	Interactive lecture / Jarlath O’Donohoe
12.00 – 12.30	Skills teaching: 4 stage procedure revisited	Lecture and Demonstration / Jo Bruce-Jones
12.30 – 13.15	LUNCH with handwashing practice	
13.15 - 15.15	Skills teaching practice (nasogastric tube insertion, IO needle, BVM, bubble CPAP)	Workshops / All
15.15 – 15.45	Feedback on the challenges of skills teaching and solutions	Guided group discussion / Julia Thomson
15.45 – 16.00	TEA BREAK	
16.00 - 16.30	Assessment, recognition and standard setting for training courses in Cameroon	Interactive lecture / Jo Bruce-Jones
16.30 – 17.00	Feedback, certificates and course closure	Grace Ndze, Julia Thomson

Faculty: Julia Thomson, Jarlath O’Donohoe, Alistair Morris, Jo Bruce-Jones

Organiser UK: Julia Thomson (NICHE International)

Organiser Cameroon: Grace Ndze (Cameroon Baptist Convention Health Services)